**Baylor Tennis Camp – Session 1**

# Sunday

3:30-5:00 pm Registration; campers set up their room

5:15-5:25 pm Parents drop off campers at tennis courts

5:30 pm Camp introduction; meeting the counselors; camp picture

6:00-8:00 pm Warm up and Evaluation

8:15pm Return to the Dorms/Pizza

9:00 pm Meeting in lounge of Penland for overnight campers

10:15-10:30 pm Lights out

# Monday

7:30 am Wake up

8:00- 8:30 am Breakfast everyone walks together

8:45 am Bus leaves dorms (meet in dorms lobby)

9:00 - 9:15 am Warm up

9:15-12:00 pm Singles demonstration (First stroke – serve and return) followed by on court instruction 12:10 pm Bus to Lunch

1:45 pm Bus to BTC from dorms

2:00-pm 5:00 pm Doubles demonstration at Baylor (Building the offensive wall) followed by on court instruction 5:15 pm Dinner

6:15 pm Bus to Tennis Courts

6:30 pm – 8:30 pm Match Play Round 1

9:45-10:30 pm Showers/lights out

# Tuesday

7:30 am Wake up

8:00-8:30 am Breakfast

8:45 am Bus leaves dorms

9:00 – 9:15 am Warm up drills at Baylor

9:15-12:10 pm Singles demonstration (Point building) followed by on court instruction 12:10 pm Lunch

1:45 pm Bus to BTC from dorms

2:00-5:00 pm Doubles demonstration (Different formations) followed by on court instruction 5:30 pm Dinner

6:30 pm Free hitting and group private lessons on Penland Courts

8:00 pm Swimming/Basketball

9:30 pm Return to Dorms

10:30 pm Showers/lights out

# Wednesday

7:30 am Wake up

8:00-8:30 am Breakfast - everyone walks together

8:45 am Bus leaves for Baylor

9:00-9:15 am Warm up drills @ BTC

9:15-12:00 pm Singles demonstration (focus on different areas of the game) followed by on court instruction 12:10-1:30 pm Lunch

1:30 pm Bus from dorms to BTC and Indoor

2:00 -5:00 pm Match Play Round 2

5:30-6:45 pm Dinner

7:00 pm Free Hitting & Private Lessons or Game Room

9:00 pm Return to Dorms

10:00 - 10:30pm Showers/lights out

# Thursday

7:30 am Wake up

8:00-8:30 am Breakfast

8:45 am Bus to BTC

9:00 am Warm-up drills at Baylor Tennis Center

9:30-11:30 am Match Play Round 3

11:45-12:45 pm Lunch

12:50 pm Bus Departs Dorms

1:00-2:00 pm Awards ceremony at Baylor Tennis Center

2:00-2:30 pm Check-out at Dorms – you must sign out